

## Consolidated Order Form

CR Food Items: Hand-packed, Home-Made

<u>#</u>	<u>Name</u>	<u>Description</u>	<u>Cost \$US</u>	<u>Quant</u>	<u>Total</u>
01	PM0210	50Kg 110Lb Sugar-Equiv Sucralose Concentrate for pudding mix, jello, etc (Comes in small ziplock bag) 2 or more Sucralose	70.00    62.50	1    _____	_____    _____
02	PM0224 UNFL	2Lb Instant No-cook Unflavored Pudding Mix, unsweetened, starch-free, gluten-free	30.00	_____	_____
03	PM0224 CHOC	2Lb Instant No-cook Chocolate Pudding Mix Sucralose sweetened, starch-free, gluten-free	40.00	_____	_____
04	HVGUAR Bland NT	5Lb Instant Mix Guar High Viscosity, bland, neutral pH balanced, soluble fiber source	50.00	_____	_____
05	CELLU Bakers	2Lb Bakers Cellulose Micronized, starch-free, gluten-free, insoluble fiber source	25.00	_____	_____
06	KONJAC GM	1/2 Lb Konjac Powder GM (Glucomannan) 1Lb Size Konjac GM	20.00  35.00	_____  _____	_____  _____
07	JM0300 UNFL	1/2 Lb Konjac Jello Mix, Unsweetened 1Lb Size Konjac Mix	25.00  40.00	_____  _____	_____  _____
08	Cocoa Saco	10-Oz can Premium Cocoa Saco Brand, Fat-Free, Sugar-free 1 case 12 cans	5.00   50.00	_____   _____	_____   _____
09	66FLAV LorAnn	66-Flavor LorAnn Brand Oils and Flavors Sampler Pak	70.00	_____	_____
10	Satietrol App-Sup	1 Box Satietrol Appetite Suppressant Case 6 boxes (Chocolate Flavor Only)	23.00   100.00	_____   _____	_____   _____
11	Amber Dropper	4-Oz Eye-dropper Amber Dispenser bottle	4.00	_____	_____

12 CR-INTRO Pak	Complete package	233.00	_____	_____
	1) PM0210 Sucralose Mix			
	2) 6 Cans Saco Premium Cocoa			
	3) 5Lb HV Instant Mix Guar			
	4) 2Lb Micronized Bakers Cellulose			
	5) LorAnn 66-Flavor Sampler Pak			
	6) 1 Box Satietyl Appetite Suppressant			
Sub-total of Amounts above . . . . . _____				
\$7.00 for Orders under \$100 Shipping . . . . . _____				
Alaska, Hawaii, Canada: 15% Add-on . . . . . _____				
Non-US Foreign shipping, handling 30% Add-on _____				
*** Orders \$100 or more, shipping is free ***				
SUM TOTAL AMOUNT . . . . . _____				
NAME, First, Last: _____				
Street Address #1: _____				
Street Address #2: _____				
City, State, Zip _____				
Email Address: _____				
Tel (for UPS contact): _____				

Four different payment options are available.

- 1) Preferred method #1 is by check on US Bank in \$US, made out to "AlCR Health & Wellness", and mailed to:  
Warren Taylor  
1827 W. 145th St, Suite 205  
Gardena, CA 90249
- 2) Equally preferred method #2 using PayPal in \$US (for those with cash on deposit in their PayPal Account)  
--->> Use email: warren.taylor@earthlink.net
- 3) Less preferred method #3 using PayPal in \$US: (For those without cash in PayPal Account, debiting a credit card tied to a PayPal account):  
--->> Use email: wtaylorjr2002@netscape.net
- 4) Less preferred method #4 is to use a credit card in \$US, (Visa, Master, Discover, American Express). Either

write or email me the credit card data, or Call me at  
1-800-929-6511, or if you are outside US, 310-329-6511.

Please do alert me if you use less preferred PayPal option (3),  
so that I can check the PayPal account -- which I only do if  
someone alerts me (or your order may go unnoticed).

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Products are handled NOT AS A BUSINESS FOR PROFIT, but are  
items purchased in bulk for personal use, which are made available  
to Members of CR Society: <http://www.calorierestriction.org>

Bulk Items come in 50Lb bags, 20kg drums, 10kg canisters etc,  
and are then hand-packed and home-made for shipment in heavy  
ziplock polyethylene snap'n'seal envelopes.

Shipment times vary, depending on my schedule, how busy I am,  
and availability of items in stock. Shipments go out within  
1 to 5 days usually, but can take longer during busy periods.  
To make sure that you do not run out, please order extra, or  
larger sizes, and order in advance of need.

All orders - Best to email me in advance to check availability.  
Shipping is a flat \$7.00, and always free for orders over \$100.